

BUILT FOR SPEED

Level: Intermediate Plus
Artist: Adam Brand
Choreo: Nathan Ballard & Amanda Lim
Speed:
Sequence:
Intro: WAIT 16 Beats

Quick Cues

INTRO

DOUBLE UP DOUBLE DOWN
HALF APPALACHIAN
DOUBLE DRAG CIVIC

PART A (0:16)

HARD GRANNY
SAMANTHA WITH KICKS
HOP DOUBLE OUT (FULL L)
STEP ROCK STEP FLANGES
BURTON SWITCH

PART B (0:33)

TWISTY FOUR BRUSH
JUMP PUMP WINDMILL (1/2 L)
KENTUCKY LOOP
ROCKING CHAIR (1/2 L)
FLANGE HEEL UP
CATAWBA
2 COUNT FLANGE OUT

PART C (0:49)

LOOP DOUBLE DRAG
BURTON SWITCH
2 SLAPBACKS
FUNKY CATAWBA
TURKEY TWIST
TRIPLE TWIST
BURTON TWIST
HOP HEEL STEPS

PART D (1:04)

KICK & PULL
SLIDE DRAG PETTICOAT
TENNESSEE HIP HOP DOWN
BURTON TURN AROUND

PART E (1:20)

WESTERN KICK BLACK MOUNTAIN (1/2L)
DOUBLE STEP SLUR FRONT PIVOT (1/2L)
LIKE MICHAEL
LIKE LUCKY
WAVERLY (1/2 L)

Step Definitions - BUILT FOR SPEED

DOUBLE UP DOUBLE DOWN

DT SL DS (XIF)
L R L
& 1 &2

HALF APPALACHIAN

DS-DR S S-DR S S
L L R L L R L
&1 & 2 & 3 & 4

DOUBLE DRAG CIVIC (0:20) ← Time indicators correspond to "Dance Through Waverly" video

K/DR S K/DR S TCH (OTS) SL DS (XIF) SLR (REV) /PVT (1/2 R) S RS K/DR S K/DR S
R/L R L/R L R L R L / R L RL R/L R L/R L
& 1 & 2 & 3 &4 & 5 &6 & 7 & 8

HARD GRANNY (0:34)

DT [BA/BA] (H'S OUT) [BA/BA] (H'S IN) SL/LIFT TCHH (F) H DS RS DT (BK) H BR H TCH H
R L/R L/R L/R R L R LR L R L R L R
& 1 & 2 & 3 &4 &5 & 6 & 7 & 8

SAMANTHA WITH KICKS (1:03)

DS DS (XIF) DR S (BK) DR S (BK) S K (OTS) /BA S K (OTS) /BA S K (OTS) /BA S K (OTS) /BA
L R R L L R L L/R L R/L L L/R L R/L
&1 &2 & 3 & 4 & 5 & 6 & 7 & 8

HOP DOUBLE OUT (1:30) Full L on &5&6

HOP DT (OTS) HOP S/LIFT (XIF) S HOP DT (OTS) HOP S/LIFT (XIF) S BA BA BA BA DT (XIF) /FL (P) K
R L R L/R R R L R L/R R L R L R L/R L
e &a 1 & 2 e &a 3 & 4 & 5 & 6 &7 & 8

STEP ROCK STEP FLANGES (1:48)

(P) S RS DT-S (XIF) /FLA FLA/S (BK) S (XIF) /FLA-TnDn TnDn TnDn TnUp
L RL R R/L R/L R/L L R L R
& 1 &2 & 3 & 4 e&a5 e&a6 e&a7 e&a8

BURTON SWITCH

DT-BA/HD HD/BA LIFT/SL
R R/L R/L R /RL
& 1 & 2

TWISTY FOUR BRUSH (2:09)

DS (OTS) DS (XIF) BA (OTS) BA (XIB) BA (OTS) S (XIF) BR H TCH H BA BA BA BA
R L R L R L R L R L R L R L
&1 &2 & 3 & 4 & 5 & 6 & 7 & 8

JUMP PUMP WINDMILL (2:24) ½ L on &6

(P) JMP/JMP H/BA SL/LIFT DS RS SLAP (XBA) SL BR SL DS RS
L/R L/R R/L L RL R L R L R LR
& 1 & 2 &3 &4 & 5 & 6 &7 &8

KENTUCKY LOOP:

DS-DR S (XIF) DS-SL/LOOP-S (XIB)
L L R L L / R R
&1 & 2 &3 & 4

ROCKING CHAIR ½ L

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

FLANGE HEEL UP (2:52)

DT-S (XIF) /FLA (P) FLA/BA (XIB) (P) BA/FLA (XIB) HD/BA LIFT/SL
L L/R R L/R L/R L/R L/R
& 1 & 2 & 3 & 4

CATAWBA

DT-BA/HD BO/HD HD/BA HD/BO BA/HD HD/BA-SL
L L/R L/R L/R L/R L/R L/R R
& 1 & 2 & 3 & 4

2 COUNT FLANGE OUT (3:01)

DT S/FL(OTS) HD/BA LIFT/SL
L L/R L/R L/R
& 1 & 2

LOOP DOUBLE DRAG (3:18)

DS-SL/LOOP-S (XIB) R S (XIF) DR R S (XIF) DR RS
&1 & 2 & 3 & 4 & 5 &6

BURTON SWITCH

DT-BA/HD HD/BA LIFT/SL
L L/R L/R L /R
& 1 & 2

SLAPBACKS

DT (BK) SL-DR S (BK)
L R R L
& 1 & 2

FUNKY CATAWBA (3:32)

DT-BA/HD BO/HD TT/BO BA/HD TT/BO BA/HD-SL
L L/R L/R L/R R/L L/R R/L R
& 1 & 2 & 3 & 4

TURKEY TWIST (3:42)

LIFT/DR H-FL(OTS) S (XIB) DT [BA/BA] (H'S L) TCHH(F) /BA(BK) LIFT/SL
L /R L L R L L/R L/R L/R
& 1 & 2 & 3 & 4

TRIPLE TWIST (3:51)

DT [BO/BO] (H'S L) DT [BO/BO] (H'S R) DT [BO/BO] (H'S L) [BO/BO] (H'S R) [BO/BO] (H'S L)
L L /R R L /R L L /R L /R L /R
& 1 & 2 & 3 & 4

BURTON TWIST (4:07)

DT-TT/BO (TW H L) DT (F) TT/BO (TW H L) DT (F) TT/BO (TW H L) BA/HD SL/LIFT
R R LR R R/L R R/L R/L R/L
& 1 & 2 & 3 & 4

HOP HEEL STEPS (4:26)

HOP H (TW) -S HOP H (TW) -S HOP H (TW) -S HOP H (TW) -S
R L L L R R R L L L R R
& a 1 & a 2 & a 3 & a 4

KICK & PULL (4:38)

DT K/BA(OTS) S S PULL/S (DIAG BK R) RS HD/BA LIFT/SL HD/BA LIFT/SL TCH SL/SL DR/DR LIFT/SL
L R/L R L L/R LR R/L R/L L/R L/R L L/R L/R L/R L/R
& 1 & 2 &3 &4 & 5 & 6 & 7 & 8

SLIDE DRAG PETTICOAT (4:58)

DT(XIF) SL/FLA DR/SLR(REV) H/LIFT TCH(XIF) H TCH(XIF) H TCH(F) H TCH(XIF) H DS RS
L R L/R L/R L/R R L R L R L R L R LR
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

TENNESSEE HIP HOP DOWN(5:12)

DS TnUp-TnDn TnUp-TnDn TnDn TnDn TnDn
L R R L L R L R
&1 e&a2 e&a3 e&a4 e&a5 e&a6 e&a7 e&a8

BURTON TURN AROUND (6:02)

DS DT(XIF) SL DT(X) SL [BA BA BA] (1/2 R) S-DR/K SL DS RS
L R L R L R L R L L /R L R LR
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

WESTERN KICK BLACK MOUNTAIN (6:11) 1/2 L

DS BR(XIF) H BR(X) H (P) CLK Hs RS BA/HD(F) BA/HD(F) (P) [BA(F)/TT(BK)] (1/2 L) HD(F)/BA-SL
L R L R L L/R LR L/R L/R L /R L /R R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

DOUBLE STEP SLUR IN FRONT AND PIVOT (6:38) 1/2 L

DS DS(XIF) S(OTS) S(XIB)/SLR (IN FRONT) S R S(FWD) PVT(1/2 R) S(FWD) DBL-BA H-BA H-BA
L R L R/L L R L L L R L R L L L L
&1 &2 & 3& 4 & 5 & 6 &a 7 e & a 8

LIKE MICHAEL (7:15)

DS K/DR SL DBL-BA H-BA H-BA K(XIF)/DR K(X)/DR TCH SL/SL DR/DR LIFT/SL
R L/R R L L R R L L R/L R/L R R/L R/L L/R

LIKE LUCKY (7:31)

DS DT(XIF) SL DT(X) SL TT(IB) SL/SL DR/DR
L R L R L R L/R L/R
&1 & 2 & 3 & 4 &

[BA/BA] (H'S OUT) [BA/BA] (H'S CLK) H(WGT)/H(WGT) [H(WGT)/H(WGT)] (T'S CLK) FL RS
L/R L/R L/R L/R R LR
5 & 6 & 7 & 8

WAVERLY (7:51)

BA(OTS) TCHH(OTS) BA(OTS) TT(XIB) BA TCHH(OTS) BA TCHH(OTS) BA S(XIF) PVT (P) HD(OTS)/BA
L R R L L R R L L R L/R
& 1 & 2 & 3 & 4 & 5 & 6 & 7